

## GERAL FEMININO 10KM

Col	Nº	Atleta	Sx	Id	F Etaria	ColocFE	Tempo	TempoLiquido	Percurso	Equipe	Pontos
1	424	MARIA CRISTINA RICHTER	F	44	F4145	1	00:44:28	00:44:23	00:19:39	PMSA	220
2	391	LUCEMAR MARIA DA SILVA	F	42	F4145	2	00:45:23	00:45:21	00:20:17	6 PBM/M-PS	210
3	260	ALVELINA (VERA) MACHADO	F	55	F5155	1	00:47:07	00:46:57	00:21:06	BALBINO PERFORMANCE	207
4	310	DANIELA ZAPPAROL	F	41	F4145	3	00:47:16	00:46:53	00:22:24	CPAM6PS	204
5	108	IZABEL SILVA DE JESUS	F	45	F4145	4	00:48:43	00:48:41	00:21:35	MÁFIA RUNNERS	201
6	177	KARLA PALACIO	F	32	F3135	1	00:49:06	00:49:02	00:22:01	ADRIANO BASTOS	200
7	423	MARIA AURISTELA CAVALCANTE DE MES	F	49	F4650	1	00:51:04	00:50:59	00:22:27	PMSA	199
8	565	SELMA LIMA DE ARAÚJO SOUZA	F	47	F4650	2	00:51:08	00:51:04	00:22:44		198
9	436	MAYARA CALCILIARI FREITAS	F	28	F2630	3	00:51:31	00:51:23	00:23:24	SECR. DE ESPORTE RIO GRANDE	197
10	532	ELAINE CRISTINA MORELLI APUDE	F	50	F4650	1	00:51:38	00:51:26	00:23:32	FIT4-LIFE	196
11	435	MARLI BRUNHARA ESQUILAR	F	64	F6165	1	00:52:06	00:51:59	00:23:59	SECR. DE ESPORTE RIO GRANDE	195
12	317	DILMA PEREIRA CRUZ REIS	F	54	F5155	2	00:53:51	00:53:30	00:24:25	BALBINO PERFORMANCE	194
13	237	MARIA DA PENHA DO NASCIMENTO	F	46	F4650	4	00:54:06	00:53:20	00:25:07	ZM	193
14	489	TATIANE DOS SANTOS REIS	F	36	F3640	1	00:54:44	00:54:27	00:25:31	GCM DE SÃO BERNARDO	192
15	552	JULIANA PEREIRA OLIVEIRA	F	34	F3135	2	00:55:02	00:54:54	00:25:18	MVA	191
16	17	VILMA DE MORA	F	41	F4145	5	00:55:10	00:55:00	00:25:27	ESPAÇO FORTALECER	190
17	327	ELISA REGINA LONGO	F	60	F5660	1	00:55:20	00:55:13	00:24:43	GCM DE SANTO ANDRÉ	189
18	425	MARIA DE FÁTIMA SANTANA	F	55	F5155	3	00:55:50	00:55:42	00:24:50	PMSA	188
19	399	MAGDA MOLINA	F	40	F3640	2	00:56:01	00:55:44	00:25:38	GCM DE SÃO BERNARDO	187
20	476	ROSEVONE PREZIOSA DE FREITAS	F	42	F4145	6	00:56:01	00:55:45	00:25:42	GCM DE SÃO BERNARDO	186
21	262	AMANDA BREJIM FRANCA	F	20	F0020	1	00:57:02	00:56:56	00:25:40	1º BATALHÃO DA POL.ROD.- ASS	185
22	330	ESTELA MARIA PEREIRA	F	39	F3640	3	00:57:07	00:55:52	00:27:06	BLOG EQUILIBRIO E FAMÍLIA	184
23	426	MARIA DE LURDES SILVA	F	46	F4650	5	00:57:08	00:57:04	00:25:37	SECR. DE ESPORTE RIO GRANDE	183
24	139	FERNANDO ALBERTO GOMES DA SILVA	F	28	F2630	2	00:57:23	00:56:35	00:26:21	MÁFIA RUNNERS	182
25	434	MARISA MASSUE YAMASHIRO	F	29	F2630	3	00:57:25	00:57:06	00:26:08	SECR. DE ESPORTE RIO GRANDE	181
26	412	MARCIA REGINA HENRIQUE ALBERTO	F	49	F4650	6	00:57:56	00:57:07	00:27:35	PREFEITURA DE RIB. PIRES	180
27	192	HELENILDA ALMEIDA DE JESUS	F	48	F4650	7	00:58:09	00:57:50	00:25:45	PEGADA DO RIO	179
28	378	JOSIANE VIGIANI DE OLIVEIRA	F	30	F2630	4	00:58:29	00:57:17	00:26:40	5º DEL. SECCIONAL DE POL. LE	178
29	195	MARIA ALAIDE JARDIM	F	81	F7199	1	00:58:34	00:57:26	00:27:08	PEGASUS	177
30	545	MAGALI TREVISAN MARCOMINI	F	50	F4650	8	00:58:49	00:58:36	00:26:20	SANTO ANDRE	176
31	203	MARCIA FIGUEIREDO	F	53	F5155	4	00:59:12	00:58:53	00:26:44	RIBEIRÃO PIRES	175
32	263	ANA ROSA DOS SANTOS DE JESUS	F	51	F5155	5	00:59:55	00:59:47	00:26:41	GCM DE DIADEMA	174
33	75	BIANCA RUIZ	F	39	F3640	4	01:00:49	00:59:41	00:29:02	TIGRE DE BENGALA	173
34	69	SILVIA REGINA MOREIRA PAVAN	F	45	F4145	7	01:00:56	01:00:20	00:27:55	MUTTLEY	172
35	78	VANESSA DE SOUSA OLIVEIRA	F	26	F2630	5	01:01:11	01:00:06	00:28:58		171
36	60	CATIA CILENE DE SOUZA PEDRESCHI	F	46	F4650	9	01:01:14	01:00:23	00:28:58	MUTTLEY	170
37	157	JOANA LEMOS DE OLIVEIRA	F	56	F5660	2	01:01:21	01:01:09	00:28:04	SCANIA CLUBE	169
38	107	GENY OLIVEIRA CORREIA	F	63	F6165	2	01:01:44	01:01:13	00:29:14	MÁFIA RUNNERS	168
39	242	PRISCILA APª TOLEDO DE SOUZA	F	33	F3135	3	01:01:56	01:01:36	00:27:33	ZM	167
40	485	SIMONE RODRIGUES ALVES DOS SANTOS	F	41	F4145	8	01:02:31	01:02:10	00:28:05	SECR. DE ESPORTE RIO GRANDE	166
41	289	CÉLIA PEREIRA LOPES	F	46	F4650	10	01:02:37	01:02:22	00:25:44	SECR. DE ESPORTE RIO GRANDE	165
42	225	VILMA MAZIERO SANTANA GONÇALVES	F	42	F4145	9	01:02:50	01:01:58	00:28:56	VIVA	164
43	342	GABRIELA DE MORAES	F	41	F4145	10	01:03:07	01:02:37	00:28:10	GCM DE SANTO ANDRÉ	163
44	567	SELMA DE ALMEIDA	F	51	F5155	6	01:03:35	01:03:28	00:29:15	JABAQUARA	162
45	438	MÔNICA DE OLIVEIRA SILVA	F	37	F3640	5	01:03:50	00:58:46	00:30:55	ROBERTÕES	161
46	187	SIMONE DO CARMO RISSATO	F	42	F4145	11	01:04:07	01:03:40	00:29:44	SUZANO	160
47	287	CÁSSIA DE LIMA	F	36	F3640	6	01:04:37	01:04:02	00:29:26	GCM SÃO CAETANO	159
48	481	SHIRLEY OLIVEIRA	F	44	F4145	12	01:04:37	01:04:02	00:29:21	GCM SÃO CAETANO	158
49	30	LINDALVA BARROS CORREIA	F	74	F7199	2	01:05:49	01:05:27	00:29:17	OS CAVEIRAS	157
50	528	ZILDA ZOCULO	F	74	F7199	3	01:05:56	01:05:34	00:29:18	1ª CIA DE POL.ROD. - RIACHO	156
51	380	JOSIMARI GARCIA TIGRE FERNANDES	F	35	F3135	4	01:06:06	01:05:50	00:29:17	SECR. DE ESPORTE RIO GRANDE	155
52	223	MARCIA ALEXANDRA DIAS JACOB	F	42	F4145	13	01:06:16	01:05:25	00:30:10	VIVA	154
53	196	MARIA HELENA RAMOS	F	61	F6165	3	01:06:36	01:05:28	00:31:09	PEGASUS	153
54	509	VERA LUCIA FERREIRA	F	39	F3640	7	01:06:37	01:05:51	00:29:06	CPA/M-6/ SBC	152
55	536	EVANDRA AMAAL A. MARCATE	F	41	F4145	14	01:06:54	01:05:46	00:30:42	S Esportes de R. G. da Serra	151
56	554	MARCIA KAZUE SATO SOUZA	F	43	F4145	15	01:07:09	01:06:23	00:30:51		150
57	422	MARIA AP. DOS SANTOS	F	44	F4145	16	01:07:36	01:07:22	00:29:39	SECR. DE ESPORTE RIO GRANDE	149
58	148	NEIDE DE ARRUDA NOLASCO	F	72	F7199	4	01:07:40	01:06:38	00:31:52	MÁFIA RUNNERS	148
59	193	MADALENA DOS SANTOS	F	64	F6165	4	01:07:41	01:07:21	00:28:03	PEGADA DO RIO	147
60	272	ANDREIA DIAS EVANGELISTA	F	34	F3135	5	01:07:49	01:07:33	00:30:57	GCM DE SÃO BERNARDO	146
61	440	MYLENI PEREIRA SILVA DOMINGUES	F	36	F3640	8	01:07:55	01:07:12	00:31:08	30ºBPM/M	145
62	67	POLIANA SILVA CAMANHO	F	27	F2630	6	01:08:19	01:07:36	00:31:16	MUTTLEY	144
63	76	CAMILA APARECIDA DE NARDI PAOLETT	F	34	F3135	6	01:08:52	01:07:45	00:31:33	TIGRE DE BENGALA	143
64	533	ANDREIA MARIA MORAES	F	40	F3640	9	01:08:53	01:08:03	00:31:38	FIT4-LIFE	142
65	98	RITA DE CÁSSIA PEDRESCHI RODRIGUE	F	52	F5155	7	01:09:07	01:08:16	00:31:46	KFIT	141
66	274	ANGELA ALVES DE SOUZA BARBOSA	F	41	F4145	17	01:09:12	01:08:40	00:31:20	SECR. DE ESPORTE RIO GRANDE	140
67	172	DANIELA JASKONIS TEIXEIRA	F	41	F4145	18	01:09:43	01:08:27	00:31:42	RPFC	139
68	248	ADRIANA DE MORAES ZUPO	F	31	F3135	7	01:10:06	01:09:26	00:31:54	BOMBEIROS	138
69	324	ELAINE SURIANI LOPES	F	41	F4145	19	01:10:31	01:09:39	00:31:40	5º DEL. SECCIONAL DE POL. LE	137
70	428	MARIA DULCINEIA SCARPARO	F	16	F0020	2	01:10:36	01:10:21	00:32:00	SECR. DE ESPORTE RIO GRANDE	136
71	437	MÔNICA ARAÚJO SANTOS	F	16	F0020	3	01:10:36	01:10:20	00:32:00	SECR. DE ESPORTE RIO GRANDE	135
72	500	VALERIA SCARPARO RIBEIRO	F	16	F0020	4	01:10:36	01:10:21	00:32:00	CPA/M-6/ SBC	134
73	433	MARINA PILEGIS	F	37	F3640	10	01:11:45	01:10:49	00:32:29	SECR. DE ESPORTE RIO GRANDE	133
74	6	MARIA DEOLINDA ROMANO	F	68	F6670	1	01:12:01	01:11:35	00:32:42	ROMANO	132
75	279	BARBARA CRISTINA DA SILVA	F	42	F4145	20	01:12:33	01:12:01	00:32:37	SECR. DE ESPORTE RIO GRANDE	131
76	3013	SANDRA APARECIDA DA SILVA	F	52	F5155	8	01:12:48	01:12:08	00:32:22	FMA CAVEIRA	130
77	129	AURENIR FRANCISCO DO NASCIMENTO M	F	70	F6670	2	01:12:56	01:11:33	00:33:30	MÁFIA RUNNERS	129
78	224	MARIA TORRES DA COSTA	F	62	F6165	5	01:12:56	01:11:33	00:33:30	VIVA	128
79	106	ELIETE SANTOS Mouro	F	42	F4145	21	01:12:59	01:11:56	00:33:06	MÁFIA RUNNERS	127
80	429	MARIA REGINE SILVA	F	37	F3640	11	01:13:11	01:12:38	00:32:34	SECR. DE ESPORTE RIO GRANDE	126
81	252	ALESSANDRA APARECIDA RIBEIRO ZAPA	F	16	F0020	5	01:13:15	01:13:00	00:32:02	BOMBEIROS	125
82	387	LARISSA MARIA MOTA MAIA	F	16	F0020	6	01:13:15	01:13:00	00:32:03	SECR. DE ESPORTE RIO GRANDE	124
83	226	BALBINA P BARBOSA	F	61	F6165	6	01:14:00	01:14:00	00:34:51	ZM	123
84	347	GIOVANNA STRABELI GRECCO	F	32	F3135	8	01:15:07	01:14:29	00:33:41	SECR. DE ESPORTE RIO GRANDE	122
85	336	FERNANDA RENATA CELINE CARVALHO	F	37	F3640	12	01:15:46	01:15:21	00:33:54	SECR. DE ESPORTE RIO GRANDE	121
86	3039	JEANNE MYRNA OLIVEIRA CASTRO	F	47	F4650	11	01:16:17	01:15:31	00:34:16	GCM SBC	120
87	124	ANA MARIA DE FREITAS SILVA	F	43	F4145	22	01:16:44	01:16:09	00:34:52	MÁFIA RUNNERS	119
88	462	ROBERTA AP. DE LIMA GUERRA	F	40	F3640	13	01:17:36	01:16:52	00:34:14	30ºBPM/M	118
89	540	ADRIANA GUEDES MACHADO	F	38	F3640	14	01:21:21	01:20:10	00:36:43	S Esportes de R. G. da Serra	117
90	128	APARECIDA CELIA BATISTA BERNARDO	F	52	F5155	9	01:21:49	01:21:22	00:36:21	MÁFIA RUNNERS	116
91	261	AMANDA AP. SILVA DE OLIVEIRA	F	31	F3135	9	01:22:32	01:21:34	00:35:36	1º BATALHÃO DA POL.ROD.- ASS	115
92	189	MARIA APARECIDA BEZERRA DA SILVA	F	60	F5660	3	01:28:19	01:27:43	00:39:15	SUZANO	114
93	356	IRACI DE OLIVEIRA MEQUE	F	47	F4650	12	01:30:15	01:29:16	00:43:02	1ª CIA DE POL.ROD. - RIACHO	113
94	474	ROSA MARIA DIAS	F	49	F4650	13	01:30:15	01:29:17	00:43:02	1º BATALHÃO DA POL.ROD.- ASS	112